



**Benedictine** University

# Drug and Alcohol Abuse Prevention Program

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Education Department General Administrative Regulations  
(EDGAR) Part 86

Updated: June 2018

## **Procedures for Distributing the Drug and Alcohol Abuse Prevention Program**

It is the policy of Benedictine University that the unlawful manufacture, distribution, dispensing, possession, or use of illicit drugs and alcohol is prohibited by students and employees on University property, as part of its activities or in facilities controlled by the University. Benedictine University has a vital interest in maintaining a safe and healthy learning environment for the benefit of all students, employees and guests. The following information in the Drug and Alcohol Abuse Prevention Program is provided in compliance with the Drug-Free Schools and Communities Act Amendments of 1989 and at a minimum is required to be distributed annually in writing to each employee and student.

**An e-mail notification is sent semiannually by University Police via the Annual Security and Annual Fire Safety Reports notification email sent to all current students and employees providing the web page to access this program.**

The Drug and Alcohol Abuse Prevention Program is located at: <http://www.ben.edu/policies/upload/Drug-and-Alcohol-Abuse-Prevention-Program.pdf> and at other Benedictine University web pages listed below.

**Newly enrolled students** receive written notification providing the website <http://www.ben.edu/police/index.cfm> to access this program.

- Notification will be provided to newly enrolled students in their Admitted Students Packet and their Advising Handbook.
- A link to the report is also available at Advising Center web page at <http://www.ben.edu/advising-center/index.cfm>.

**Prospective students** may visit Benedictine's University's web sites at:

- <http://www.ben.edu/admissions/>
- <http://www.ben.edu/mesa/admissions/>
- <http://www.ben.edu/admissions/adult-graduate/index.cfm>
- <http://www.ben.edu/police/index.cfm>,
- <http://www.ben.edu/policies/upload/Drug-and-Alcohol-Abuse-Prevention-Program.pdf>
- [http://www.ben.edu/mesa/student\\_life/health.cfm](http://www.ben.edu/mesa/student_life/health.cfm)
- <http://www.ben.edu/student-life/index.cfm>

**New employees** receive the Annual Security and Annual Fire Safety Reports notification e-mail containing a link to The Drug and Alcohol Abuse Prevention Program located at: <http://www.ben.edu/policies/upload/Drug-and-Alcohol-Abuse-Prevention-Program.pdf> in their new hire training materials during new hire orientation.

**Current and Prospective Employees** may visit Benedictine's University web site at:  
<http://www.ben.edu/human-resources/employment-opportunities.cfm>  
<http://www.ben.edu/human-resources/index.cfm>  
<http://www.ben.edu/policies/upload/Drug-and-Alcohol-Abuse-Prevention-Program.pdf>

**1. Standards of Conduct**

It is the policy of Benedictine University (the “University”) that the unlawful manufacture, distribution, dispensing, possession, or use of illicit drugs and alcohol is prohibited by students and employees on University property, as part of its activities or in facilities controlled by the University. The University has a vital interest in maintaining a safe and healthy learning environment for the benefit of all students, employees and guests. The following information is provided in compliance with the Drug-Free Schools and Communities Act Amendments of 1989 and at a minimum is required to be distributed annually in writing to each employee and student.

**2. Federal, State and Local Sanctions**

**A. Federal Sanctions**

Federal Trafficking Penalties for Schedules I, II, III, IV, and V (except Marijuana)				
Schedule	Substance/Quantity	Penalty	Substance/Quantity	Penalty
II	Cocaine 500-4999 grams mixture	<p>First Offense: Not less than 5 yrs. and not more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$5 million if an individual, \$25 million if not an individual.</p> <p>Second Offense: Not less than 10 yrs. and not more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$8 million if an individual, \$50 million if not an individual.</p>	Cocaine 5 kilograms or more mixture	<p>First Offense: Not less than 10 yrs. and not more than life. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine of not more than \$10 million if an individual, \$50 million if not an individual.</p> <p>Second Offense: Not less than 20 yrs. and not more than life. If death or serious bodily injury, life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.</p> <p>2 or More Prior Offenses: Life imprisonment. Fine of not more than \$20 million if an individual, \$75 million if not an individual.</p>
II	Cocaine Base 28-279 grams mixture		Cocaine Base 280 grams or more mixture	
IV	Fentanyl 40-399 grams mixture		Fentanyl 400 grams or more mixture	
I	Fentanyl Analogue 10-99 grams mixture		Fentanyl Analogue 100 grams or more mixture	
I	Heroin 100-999 grams mixture		Heroin 1 kilogram or more mixture	
I	LSD 1-9 grams mixture		LSD 10 grams or more mixture	
II	Methamphetamine 5-49 grams pure or 50-499 grams mixture		Methamphetamine 50 grams or more pure or 500 grams or more mixture	
II	PCP 10-99 grams pure or 100-999 grams mixture		PCP 100 grams or more pure or 1 kilogram or more mixture	
<b>Substance/Quantity</b>		<b>Penalty</b>		
Any Amount Of Other Schedule I & II Substances		First Offense: Not more that 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than Life. Fine \$1 million if an individual, \$5 million if not an individual.		
Any Drug Product Containing Gamma Hydroxybutyric Acid		Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if not an individual.		
Flunitrazepam (Schedule IV) 1 Gram				
Any Amount Of Other Schedule III Drugs		First Offense: Not more than 10 yrs. If death or serious bodily injury, not more that 15 yrs. Fine not more than \$500,000 if an individual, \$2.5 million if not an individual.		
		Second Offense: Not more than 20 yrs. If death or serious injury, not more than 30 yrs. Fine not more than \$1 million if an individual, \$5 million if not an individual.		
Any Amount Of All Other Schedule IV Drugs (other than one gram or more of Flunitrazepam)		First Offense: Not more than 5 yrs. Fine not more than \$250,000 if an individual, \$1 million if not an individual.		
		Second Offense: Not more than 10 yrs. Fine not more than \$500,000 if an individual, \$2 million if other than an individual.		
Any Amount Of All Schedule V Drugs		First Offense: Not more than 1 yr. Fine not more than \$100,000 if an individual, \$250,000 if not an individual.		
		Second Offense: Not more than 4 yrs. Fine not more than \$200,000 if an individual, \$500,000 if not an individual.		

**Federal Trafficking Penalties for Marijuana, Hashish and Hashish Oil, Schedule I Substances**

<p>Marijuana 1,000 kilograms or more marijuana mixture or 1,000 or more marijuana plants</p>	<p>First Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, not less than 20 yrs., or more than life. Fine not more than \$10 million if an individual, \$50 million if other than an individual.</p> <p>Second Offense: Not less than 20 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$20 million if an individual, \$75 million if other than an individual.</p>
<p>Marijuana 100 to 999 kilograms marijuana mixture or 100 to 999 marijuana plants</p>	<p>First Offense: Not less than 5 yrs. or more than 40 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine not more than \$5 million if an individual, \$25 million if other than an individual.</p> <p>Second Offense: Not less than 10 yrs. or more than life. If death or serious bodily injury, life imprisonment. Fine not more than \$8 million if an individual, \$50million if other than an individual.</p>
<p>Marijuana 50 to 99 kilograms marijuana mixture, 50 to 99 marijuana plants</p>	<p>First Offense: Not more than 20 yrs. If death or serious bodily injury, not less than 20 yrs. or more than life. Fine \$1 million if an individual, \$5 million if other than an individual.</p>
<p>Hashish More than 10 kilograms</p>	<p>Second Offense: Not more than 30 yrs. If death or serious bodily injury, life imprisonment. Fine \$2 million if an individual, \$10 million if other than an individual.</p>
<p>Hashish Oil More than 1 kilogram</p>	
<p>Marijuana less than 50 kilograms marijuana (but does not include 50 or more marijuana plants regardless of weight) 1 to 49 marijuana plants</p>	<p>First Offense: Not more than 5 yrs. Fine not more than \$250,000, \$1 million if other than an individual.</p> <p>Second Offense: Not more than 10 yrs. Fine \$500,000 if an individual, \$2 million if other than individual.</p>
<p>Hashish 10 kilograms or less</p>	
<p>Hashish Oil 1 kilogram or less</p>	

B. State Sanctions

## Illinois Drug Laws

CRIME	PUNISHMENT	
<b>DRUG CRIMES</b>		
<b>DRUG CONVICTION FOR <u>POSSESSION</u></b> (felony or misdemeanor)	Under <u>Student Aid Laws</u> : Cannot obtain any Government Student Aid, Loans, or Grants for 1 Year after 1 <sup>st</sup> Conviction for Possession; for 2 Years after 2 <sup>ND</sup> Conviction and for an indefinite amount of time after 3 <sup>RD</sup> Conviction.	
<b>DRUG CONVICTION FOR <u>SALE</u></b> (felony or misdemeanor)	Under <u>Student Aid Laws</u> : Cannot obtain any Government Student Aid, Loans, or Grants for 2 Years after 1 <sup>ST</sup> Conviction and indefinite amount of time after 2 <sup>ND</sup> Conviction.	
<b>DRUG POSSESSION</b>		
<b>CANNABIS</b> ( < 2.5 grams) <small>720 ILCS 550/4</small>	Up to \$1500 Fine &/or Up to 30 Days in Jail	
<b>CANNABIS</b> (2.5 grams to 10 grams) <small>720 ILCS 550/4</small>	Up to \$1500 Fine &/or Up to 6 Months in Jail	
<b>CANNABIS</b> (10 grams to 30 grams) <small>720 ILCS 550/4</small>	1 <sup>ST</sup> Offense Up to \$2500 Fine &/or Up to 1 Year in Jail	2 <sup>ND</sup> Offense Felony Up to \$25,000 Fine &/or 1 to 3 Years Pen.
<b>CANNABIS</b> (30 grams to 500 grams) <small>720 ILCS 550/4</small>	1 <sup>ST</sup> Offense Felony Up to \$25,000 Fine &/or 1 to 3 Years in Pen.	2 <sup>ND</sup> Offense Felony Up to \$25,000 Fine &/or 2 to 5 Years in Pen.
<b>CANNABIS</b> (500 grams to 2000 grams) <small>720 ILCS 550/4</small>	Felony Up to \$25,000 Fine & /or 2 to 5 Years in Pen.	

<p align="center"><b>CANNABIS</b> (2000 grams to 5000 grams) 720 ILCS 550</p>	<p align="center">Felony Up to \$25,000 Fine &amp; /or 3 to 7 Years in Pen.</p>	
<p align="center"><b>CANNABIS</b> (over 5000 grams) 720 ILCS 550/4</p>	<p align="center">Felony Up to \$25,000 Fine &amp; /or 4 to 15 Years Pen.</p>	
<p align="center"><b>PRESCRIPTION FORGERY</b> 720 ILCS 570/406(b)(3)</p>	<p align="center">1<sup>ST</sup> Offense Felony Up to \$100,000 Fine &amp;/or 1 to 3 Years in Pen.</p>	<p align="center">2<sup>ND</sup> Offense Felony Up to \$200,000 Fine &amp;/or 2 to 5 Years in Pen.</p>
<p align="center"><b>POSSESSION DRUG PARAPHERNALIA</b> 720 ILCS 600/3.5</p>	<p align="center">\$750 to \$2500 Fine &amp;/or Up to 1 Year in Jail</p>	
<p align="center"><b>POSSESSION OF HEROIN, COCAINE, MORPHINE, METHAMPHETAMINE, LYSERGIC ACID OR LSD:</b> 720 ILCS 570/402</p>		
<p align="center"><b>15 GRAMS TO 100 GRAMS</b></p>	<p align="center">Felony Up to \$200,000 Fine &amp; /or 4 to 15 Years in Pen.</p>	
<p align="center"><b>100 GRAMS to 400 GRAMS</b></p>	<p align="center">Felony Up to \$200,000 Fine or Street Value &amp;/or 6 to 30 Years Pen.</p>	
<p align="center"><b>400 GRAMS TO 900 GRAMS</b></p>	<p align="center">Felony Up to \$200,000 Fine or Street Value &amp;/or 8 to 40 Years Pen.</p>	
<p align="center"><b>900 + GRAMS</b></p>	<p align="center">Felony Up to \$200,000 Fine or Street Value &amp;/or 10 to 50 Years Pen.</p>	
<p align="center"><b>PEYOTE, BARBITURIC ACID, AMPHETAMINE</b> (more than 200 grams) 720 ILCS 570/402</p>	<p align="center">Felony Up to \$200,000 Fine &amp; /or 4 to 15 Years in Pen.</p>	
<p align="center"><b>METHAQUALONE, PENTAZOCINE, PHENCYCLIDINE</b> (more than 30 grams) 720 ILCS 570/402</p>	<p align="center">Felony Up to \$200,000 Fine &amp; /or 4 to 15 Years in Pen.</p>	
<p align="center"><b>ANABOLIC STEROID</b> 720 ILCS 570/402</p>	<p align="center">1<sup>ST</sup> Offense Up to \$1500 Fine &amp;/or 30 Days in Jail</p>	<p align="center">2<sup>ND</sup> Offense UP to \$1500 Fine &amp;/or 6 Months in Jail</p>

<p align="center"><b>NITROUS OXIDE</b> 720 ILCS 5/24.5-5</p>	<p align="center">1<sup>ST</sup> Offense Up to \$2500 Fine &amp;/or Up to 1 Year in Jail</p>	<p align="center">2<sup>ND</sup> Offense Felony Up to \$25,000 Fine &amp;/or 1 to 3 Years in Pen.</p>
<p><b>SALE, MANUFACTURE, POSSESSION WITH INTENT TO TRAFFIC DRUGS</b></p>		
<p align="center"><b>CANNABIS</b> (less than 2.5 grams) 720 ILCS 550/5</p>	<p align="center">Up to \$1500 Fine &amp;/or 6 Months in Jail</p>	
<p align="center"><b>CANNABIS</b> (2.5 grams to 10 grams) 720 ILCS 550/5</p>	<p align="center">Up to \$2500 Fine &amp;/or 1 Year in Jail</p>	
<p align="center"><b>CANNABIS</b> (10 grams to 30 grams) 720 550/5</p>	<p align="center">Felony Up to \$25,000 Fine &amp; /or 1 to 3 Years in Pen.</p>	
<p align="center"><b>CANNABIS</b> (30 grams to 500 grams) 720 550/5</p>	<p align="center">Felony Up to \$55,000 Fine &amp; /or 2 to 5 Years in Pen.</p>	
<p align="center"><b>CANNABIS</b> (500 grams to 2000 grams) 720 550/5</p>	<p align="center">Felony Up to \$100,000 Fine &amp; /or 3 to 7 Years in Pen.</p>	
<p align="center"><b>CANNABIS</b> (2000 grams to 5000 grams) 720 550/5</p>	<p align="center">Felony Up to \$150,000 Fine &amp; /or 4 to 15 Years in Pen.</p>	
<p align="center"><b>CANNABIS</b> (more than 5000 grams) 720 550/5</p>	<p align="center">Felony Up to \$200,000 Fine &amp; /or 6 to 30 Years in Pen.</p>	
<p align="center"><b>COCAINE</b> (1 to 15 grams) 720 ILCS 570/401 <b>HEROIN</b> (10 to 15 grams) <b>MORPHINE</b> (10 to 15 grams) <b>METHAMPHETAMINE</b> (5 to 15 grams)</p>	<p align="center">Felony Up to \$250,000 &amp;/or 4 to 15 Years in Pen.</p>	
<p><b>COCAINE, HEROIN, MORPHINE, METHAMPHETAMINE, LSD:</b> 720 ILCS 570/401</p>		
<p align="center"><b>15 GRAMS TO 100 GRAMS</b></p>	<p align="center">Felony Up to \$500,000 Fine &amp; /or 6 to 30 Years in Pen.</p>	

<b>100 GRAMS TO 400 GRAMS</b>	Felony Up to \$500,000 or Street Value &/or 9 to 40 Years in Pen.
<b>400 GRAMS TO 900 GRAMS</b>	Felony Up to \$500,000 Fine or Street Value &/or 12 to 50 Years Pen.
<b>OVER 900 GRAMS</b>	Felony Up to \$500,000 Fine or Street Value &/or 15 to 60 Years Pen.
<b>NITROUS OXIDE</b> 720 ILCS 5/24.5-10	Felony Up to \$25,000 Fine & /or 2 to 5 Years in Pen.

**\* FELONY, INCREASES PENALTY TO 15-20-25-LIFE**

**Increased Penalties for use of Firearm During Commission of Offense:**

1. **Use of firearm during commission of offense: 15 years added to sentence imposed**
2. **Discharge of firearm during commission of offense: 20 years added to sentence imposed**
3. **Discharge of firearm causing death or injury: 25 years or up to natural life added to sentence imposed**

<b>MISDEMEANORS</b>  730 ILCS 5/5-9-1 & 5/5-8-3	<p><b><u>Class A:</u></b> Up to \$2500 Fine &amp;/or Up to 1 Year in Jail.</p> <p><b><u>Class B:</u></b> Up to \$1500 Fine &amp;/or Up to 6 Months in Jail.</p> <p><b><u>Class C:</u></b> Up to \$1500 Fine &amp;/or Up to 30 Days in Jail.</p>
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<b>FELONY CONVICTION</b>  730 ILCS 5/5-8-1 & 5/5-9-1	<p><b><u>Class X Felony</u></b> Up to \$25,000 Fine &amp;/or 6 to 30 Years in Pen.</p> <p><b><u>Class 1 Felony</u></b> Up to \$25,000 Fine &amp;/or 4 to 15 Years in Pen.</p> <p><b><u>Class 2 Felony</u></b> Up to \$25,000 Fine &amp;/or 3 to 7 Years in Pen.</p> <p><b><u>Class 3 Felony</u></b> Up to \$25,000 Fine &amp;/or 2 to 5 Years in Pen.</p> <p><b><u>Class 4 Felony</u></b> Up to \$25,000 Fine &amp;/or 1 to 3 Years in Pen.</p>
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IF POSSESSION OR SALE OF ANY DRUG IS WITHIN 1500 FEET OF A SCHOOL, CHURCH, PUBLIC PARK, OR MOVIE THEATER, COURT MAY DOUBLE THE FINE AND THE SENTENCE.

IF A FIREARM IS IN POSSESSION AT THE TIME OF A DRUG ARREST, AT CONVICTION COURT MAY DOUBLE THE FINE AND THE SENTENCE.



# Illinois Alcohol Laws

What are the penalties for a DUI in Illinois?

	<u>1<sup>st</sup> Offense</u>	<u>2<sup>nd</sup> Offense</u>	<u>3<sup>rd</sup> Offense</u>
<b>Jail</b>	Up to 1 year	Up to 1 year	3 to 7 years
<b>Fines and Penalties</b>	Up to \$2,500	Up to \$2,500	Up to \$2,500
<b>License Suspension</b>	Min. 1 year	Min. 5 years	Min. 10 years
<b>IID** Required</b>	Yes	Yes	Yes
<b>4th, 5th and 6th Illinois DUI Convictions</b>			

**Lookback Period:** (Period of time that prior DUIs are relevant for sentencing) Your driving record goes back to when you got license privileges in Illinois. In other words, any prior DUI will count as a prior offense.

\*\*[Interlock Ignition Device](#)

How much do you have to drink (BAC\*) for a DUI in Illinois?

<b>Under 21</b>	.00% - zero tolerance
<b>21 or older</b>	.08%
<b>Commercial</b>	.04%

\*\* BAC = blood alcohol content

What if you refuse to take a chemical test in Illinois?

Illinois has an implied consent law. That means that if you refuse to submit to a chemical test you will be subject to a fine and automatic license suspension. Learn more about [Illinois's implied consent law](#).

	<b>1<sup>st</sup> Offense</b>	<b>2d offense</b>	<b>3<sup>rd</sup> Offense</b>
<b>Refusal to take test</b>	1 year license suspension	3 years license suspension	3 years license suspension

Please see the State of Illinois [DUI Fact book](#) (PDF Download) to get more information on the penalties for alcohol related citations.

# Arizona Drug Laws

	Penalty	Incarceration	Max. Fine
<b>Possession</b>			
Less than 2 lbs	Felony	4 months - 2 years	\$ 150,000
2 - less than 4 lbs	Felony	6 months - 2.5 years	\$ 150,000
4 lbs or more	Felony	1 - 3.75 years	\$ 150,000
<b>Sale</b>			
Less than 2 lbs	Felony	1 - 3.75 years	\$ 150,000
2 - 4 lbs	Felony	2 - 8.75 years	\$ 150,000
More than 4 lbs	Felony	3 - 12.5 years	\$ 150,000
<b>Manufacture/Cultivation</b>			
Less than 2 lbs	Felony	6 months - 2.5 years	\$ 150,000
2 - 4 lbs	Felony	1 - 3.75 years	\$ 150,000
More than 4 lbs	Felony	2 - 8.75 years	\$ 150,000
<b>Trafficking</b>			
Less than 2 lbs	Felony	2 - 8.75 years	\$ 150,000
2 lbs or more	Felony	3 - 12.5 years	\$ 150,000
<b>Hash &amp; Concentrates</b>			
Possession or Use	Felony	1 - 3.75 years	\$ 150,000
Manufacture, Sale, or Trafficking	Felony	3 - 12.5 years	\$ 150,000
<b>Paraphernalia</b>			
Possession or advertising of paraphernalia	Felony	4 months - 2 years	\$ 150,000
<b>Miscellaneous</b>			
Employing a minor in the commission of a drug offense, being convicted of a prior felony, or committing a drug offense in a school zone, lead to an increased sentence.			

Arizona classifies its drugs in a pretty basic way. There are three main types: **dangerous drugs, narcotics, and marijuana**.

**Dangerous drugs** include substances like: LSD, ecstasy, [methamphetamines](#), steroids, hallucinogenic mushrooms, GHB, mescaline, clonazepam, lorazepam

**Narcotics** are: [cocaine](#), [heroin](#), opium, morphine, oxycodone, and more

**Marijuana** is marijuana (pot, weed, etc.). See my [marijuana possession](#) page.

# Arizona Alcohol Laws

What are the penalties for a DUI in Arizona?

	<u>1<sup>st</sup> Offense</u>	<u>2<sup>nd</sup> Offense</u>	<u>3<sup>rd</sup> Offense</u>
<b>Jail</b>	Min. 24 hours up to 10 days	Min. 30 days up to 90 days	Min. 4 months
<b>Fines and Penalties</b>	\$250 base fine	\$500 base fine	\$750 base fine
<b>License Suspension</b>	90 to 360 days	1 year	1 year
<b>IID** Required</b>	Yes	Yes	Yes

**Lookback Period:** 7 years (Period of time that prior DUIs are relevant for sentencing)

\*[Interlock Ignition Device](#)

How much do you have to drink (BAC\*) for a DUI in Arizona?

<b>Under 21</b>	.00% (zero tolerance)
<b>21 or older</b>	.08%
<b>Commercial</b>	.04%

\*\* BAC = blood alcohol content

**How many drinks does it take?** [Check the BAC chart.](#)

What if you refuse to take a chemical test in Arizona?

Arizona has an implied consent law. That means that if you refuse to submit to a chemical test you will be subject to a fine and automatic license suspension. Learn more about [Arizona's implied consent law.](#)

	<b>1<sup>st</sup> Offense</b>	<b>2d offense</b>	<b>3<sup>rd</sup> Offense</b>
<b>Refusal to take test</b>	1 year suspension of license	2 year suspension of license	2 year suspension of license

## C. Local Sanctions

**Village of Lisle**, Illinois Code. Section 9-4-19 & 9-4-4: Unlawful Possession and Consumption by Persons Underage, to include delivery of alcohol to a minor, open alcohol container, or providing false identification of name and age. Penalties range from \$75.00 - \$750.

**Village of Lisle**, Illinois Code. Section 9-4-25: Offenses Relating to Drugs, to include possession, use and sale of dangerous drugs, not prescribed by a physician, drug paraphernalia and cannabis sativa. Penalties range from \$75.00 - \$750.

### City of Mesa

Any interaction with officers enforcing alcohol or drug laws in Mesa will involve the use of the State Statutes ARS 4-244.41 involving alcohol and minors and 13-3408 for possession, use, administration, acquisition, sale, manufacture or transportation of narcotic drugs.

### 3. Health Risks Associated with the Use of Alcohol and Drugs

Health risks associated with the abuse of drugs or alcohol are numerous and can include mental and physical impairment. The abuse of drugs or alcohol can affect a person's academic, professional and personal life. Drug or alcohol use can create a health and safety risk for the user and other members of the University. Additional information on other commonly abused drugs can be found at

<https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts>

Below are additional links with information on health risks associated with the use of alcohol and drugs.

<https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/addiction-health>

<https://drugabuse.com/drug-alcohol-effects/>

<https://www.drugfreeworld.org/drugfacts/alcohol/short-term-long-term-effects.html>

#### A. Alcohol:

Alcohol consumption causes a number of changes in behavior and physiology. Even low doses significantly impair judgment, coordination, and abstract mental functioning. Statistics show that alcohol use is involved in a majority of violent behaviors on college campuses, including acquaintance rape, vandalism, fights, and incidents of drinking and driving. Continued abuse may lead to dependency, which often causes permanent damage to vital organs and deterioration of a healthy lifestyle.

#### B. Illicit Drugs:

1. **Cannabinoids (Marijuana, Hashish):** The use of marijuana may impair or reduce short-term memory and comprehension, alter sense of time, and reduce coordination and energy level. Frequent users often have a lowered immune system and an increased risk of lung cancer. The active ingredient in marijuana, THC, is stored in the fatty tissues of the brain and reproductive system for a minimum of 28 to 30 days.
2. **Hallucinogens:** Lysergic acid (LSD), mescaline, and psilocybin cause illusions and hallucinations. The user may experience panic, confusion, suspicion, anxiety, and loss of control. Delayed effects, or flashbacks, can occur even when use has ceased. Phencyclidine (PCP) affects the section of the brain that controls the intellect and keeps instincts in check. Because the drug blocks pain receptors, violent PCP episodes may result in self-inflicted injuries.
3. **Opioids (Heroin and Opium):** The use of opioids causes the body to have diminished pain reactions. They can also be a respiratory depressants; cause drowsiness, impaired coordination, feeling of heaviness in the body and fatal overdose.
4. **Stimulants (Amphetamines, Cocaine, and Methamphetamine):** The use of stimulant drugs can cause a rapid or irregular heartbeat, tremors, reduced appetite, paranoia, loss of coordination, collapse, and death. Heavy users are prone to irrational acts, nasal damage and severe dental problems.

#### C. Prescription Drugs:

An FDA-approved drugs which must, by federal law or regulation, be dispensed only pursuant to a prescription written by an authorized person. Some [Common Types](#) of prescription drugs are antianxiety drugs, antidepressants, antipsychotics, immunosuppressive and tranquilizers. The misuse and abuse of prescription drugs can have a variety of physical and psychological effects, and can result in addiction, accidental overdose and death. Mixing prescription drugs and alcohol or other drugs increases the likelihood of overdose and death.

#### 4. Alcohol and Drug Programs

Benedictine University is committed to assisting students and employees with substance abuse problems in utilizing available drug and alcohol counseling, rehabilitation, treatment, or re-entry programs. Contact information for various counseling, rehabilitation and treatment facilities available for students and employees. Students are encouraged to visit the Student Health Services office, Krasa 116, and the Counseling Center, Krasa 109 for available resources in the neighboring community.

Programs offered in 2017 can be found on the [DAAPP Presentation Log - Lisle.pdf](#)

##### Lisle and Mesa Campuses

In addition to the programs that took place during the year, University Student Health Services maintains a collection of materials located inside the office providing evidence-based resources regarding the harmful effects of alcohol and substance abuse. Furthermore, the Counseling Center has resources for students with regarding information on AODs, recommendations for speaking with students concerning the dangers of underage drinking, self-assessment screenings, and contact information for area treatment facilities. The University Health Services regularly post informational pamphlets on alcohol related topics. Typically, the subject of the alcohol related topic is chosen based on what is occurring on campus and what is occurring in the world outside of campus. Homecoming, Halloween, Final Exam Week, Spring break, Spring Ball, and SpringFest are just a few times during the course of the academic year where pamphlets on alcohol dangers, poisoning, sexual assault secondary to abuse of alcohol, Helping a Friend, monitoring alcohol consumption and the effects of alcohol consumption are posted on the bulletin board in the Student Center.

The University Health Services provides alcohol and drug prevention and education. Call (630) 829-6046 for information or an appointment. The Counseling Center offers substance abuse assessment for students. Call (630) 829-1800 to speak to a counselor.

Partnering with the DuPage County Health Department, University Police Officers have been trained to identify Heroin, Morphine, Codeine, Oxycodone, Methadone and Vicodin overdoses and have been supplied with Naloxone Hydrochloride antidote kits to administer at the scene of an opioid drug related medical emergency.

The **Blue Cross Blue Shield** health benefits plan, available to benefits eligible employees to elect, gives employees access to drug and alcohol counseling, treatment and rehabilitation programs. All behavioral health services for HMO members are now managed through a member's medical group / primary care physician. The Substance Abuse toll-free phone line for the PPO plan is 800-851-7498.

In late fall of 2013, a Residence Life Alcohol Policy was created which applies to all residential areas on campus. Key elements of the policy include:

- No alcohol is allowed in any of the residence halls, regardless of student age;
- Alcohol possession and consumption in University apartments is regulated. Students must complete an Alcohol Use Permit, which incorporates a mandatory alcohol policy information session;
- Policy prohibits any activity that promotes excessive drinking (e.g. drinking games), use of alcohol in advertisement of events and limits size of social gatherings to fire code occupancy;
- Alcohol Use Permits can be lost through conduct or policy violations; and
- Policy emphasizes bystander intervention and includes a Good Samaritan clause.

In addition to the Residence Life Alcohol Policy, the Residence Life staff requires:

- Before the issuance of an Alcohol Use Permit under the Residence Life Alcohol Policy, permit applicants are required to participate in an alcohol information session sponsored by Residence Life. The session is designed to address the major elements of the policy, which include student responsibilities and conduct expectations. All roommates in a given apartment must apply for a permit together and all must attend the information session, as they are bound in responsibility to the policy as a group;
- When an underage student receives a police-issued administrative citation for Underage Consumption, Residence Life requires the student to complete a written assignment related to issues associated with college student alcohol consumption. The paper assignment requires a minimum length, citations, a plagiarism check and a meeting with the Writing Learning Specialist; and
- Residence Life hosts four alcohol awareness programs each semester.

For the Mesa, Arizona staff, faculty and students, the SOBA Recovery Center has different treatment options available. Contact 877-978-1921 for more information. Their website is <http://sobamesa.com/>. There are many other counseling, rehabilitation and treatment facilities available.

## **5. University Disciplinary Sanctions**

Each student and/or employee so engaged in the performance of any federal grant is required by federal law to comply with the terms of this statement. The University must be notified of any criminal drug statute conviction for a violation occurring in the workplace no later than five (5) days after such conviction. The University is required to notify the granting agency within ten (10) days after receiving notice of a conviction of a student and/or employee under any criminal drug statute. Any student and/or employee who is found to have violated the policy will be subject to sanctions by the University, which may include suspension, expulsion/termination, mandated participation in a drug abuse assistance or rehabilitation program, or referral for prosecution.

- Any person who violates this Policy is subject both to the University's disciplinary sanctions and to criminal sanctions provided by federal, state, and local law.
- Faculty, staff and students are responsible for conduct of their guests on property owned or controlled by Benedictine University or as part of any on-campus or off-campus University activity.
- Students are responsible to seek immediate assistance for any person known to be experiencing a serious crisis resulting from the consumption of alcoholic beverages or the use of illicit drugs. Students seeking such assistance who are themselves under the influence and the student who is in need of assistance will not receive a sanction under this Policy.
- Students found to be in violation of this Policy will be issued a citation, which will initiate the Student Life Conduct Process. Disciplinary sanctions for students range from a warning to expulsion as provided in the Student Handbook.
- Students who have been convicted under state or federal law involving the possession or sale of a controlled substance are ineligible for federal student aid for specific periods, ranging from one year to an indefinite period depending on the nature of the offense and whether the student is a repeat offender.
- Employees found to be in violation of this Policy or applicable law will be subject to University disciplinary procedures up to and including dismissal from employment.
- The University is committed to referring members of the community for appropriate treatment and education through its Employee Assistance Programs.
- The University is committed to referring students for appropriate education through its Substance Abuse Prevention Program (S.A.P.P.).